

# AmpliSens® HIV-Monitor-FRT PCR kit



For Professional Use Only

## Instruction Manual

### KEY TO SYMBOLS USED

	Catalogue number		Caution
	Batch code		Contains sufficient for <n> tests
	Research use only		Use-by Date
	Version		Consult instructions for use
	Temperature limit		Internal control
	Manufacturer		Negative control of amplification
	Date of manufacture		Negative control of extraction
	GHS02: Flame		Positive controls of amplification
	GHS05: Corrosion		Positive controls of extraction
	GHS07: Exclamation mark		

### 1. INTENDED USE

AmpliSens® HIV-Monitor-FRT PCR kit is an *in vitro* nucleic acid amplification test for quantitative detection of human immunodeficiency virus type 1 (HIV-1) RNA in the biological material (blood plasma) using real-time hybridization-fluorescence detection of amplified products.

**NOTE:** For research use only. Not for diagnostic procedures.

### 2. PRINCIPLE OF PCR DETECTION

Principle of testing is based on the RNA extraction from the samples of test material with the exogenous internal control sample (Internal Control HIV-M-FRT (IC)), RNA reverse transcription and simultaneous amplification of cDNA fragments with hybridization-fluorescence detection. Exogenous internal control (Internal Control HIV-M-FRT (IC)) allows to control all PCR-analysis stages of each individual sample and to identify possible reaction inhibition.

AmpliSens® HIV-Monitor-FRT PCR kit uses "hot-start", which greatly reduces frequency of nonspecifically primed reactions. "Hot-start" is guaranteed by using chemically modified polymerase (TaqF). Chemically modified polymerase (TaqF) is activated by heating at 95 °C for 15 min.

The results of amplification are registered in the following fluorescence channels.

Table 1

Channel for fluorophore	FAM	JOE
cDNA-target	IC cDNA	HIV cDNA
Target gene	Artificially synthesized sequence	pol gene, 5'UTR

### 3. CONTENT

AmpliSens® HIV-Monitor-FRT PCR kit is produced in 3 forms:

**Form 1:** RIBO-prep variant 50, PCR kit variant FRT, TR-V0-P-M(RG,iQ,Mx,Dt)-CE,

**Form 2:** PCR kit variant FRT, HIV-Q calibration kit, R-V0-MC(RG,iQ,Mx,Dt)-CE,

**Form 3:** PCR kit variant FRT, HIV-Q calibration kit in bulk<sup>1</sup>,

R-V0-MC(RG,iQ,Mx,Dt)-CE-B.

RIBO-prep variant 50 includes:

Reagent	Description	Volume, ml	Quantity
Solution for Lysis	clear liquid from colorless to blue grey colour <sup>2</sup>	15	1 vial
Solution for Precipitation	colorless clear liquid	20	1 vial
Washing Solution 3	colorless clear liquid	25	1 vial
Washing Solution 4	colorless clear liquid	10	1 vial
RNA-buffer	colorless clear liquid	1.2	4 tubes

RIBO-prep variant 50 is intended for RNA/DNA extraction of 50 samples (including controls).

<sup>1</sup> In bulk form contains unlabeled tubes. Tubes with identical reagent are packed in one bag with label.

<sup>2</sup> If Solution for Lysis is stored at 2-8 °C, a crystalline precipitate may form.

PCR kit variant FRT includes:

Reagent	Description	Volume, ml	Quantity
DTT frozen-dried	white powder	---	4 tubes
RT-PCR-mix-1-FRT HIV	clear liquid from colorless to light lilac colour	0.3	4 tubes
RT-PCR-mix-2-FEP/FRT	colorless clear liquid	0.2	4 tubes
Polymerase (TaqF)	colorless clear liquid	0.02	4 tubes
TM-Revertase (MMIv)	colorless clear liquid	0.01	4 tubes
DNA calibrator	PIC1 HIV	0.1	4 tubes
	PIC2 HIV	0.1	4 tubes
Buffer for elution	colorless clear liquid	1.2	2 tubes
Negative Control (C-)*	straw-colored clear liquid	1.2	4 tubes
Positive Control-1-HIV*	colorless clear liquid	0.06	4 tubes
Positive Control-2-HIV*	colorless clear liquid	0.06	4 tubes
Internal Control HIV-M-FRT (IC)*	colorless clear liquid	0.28	4 tubes

\* must be used in the extraction procedure (see section 8.1 for details).

PCR kit variant FRT is intended for 80 tests including control samples and calibrators.

HIV-Q calibration kit includes:

Reagent	Description	Volume, ml	Quantity
Calibrator HIV-Q	yellow powder	---	1 tube
Solvent Q	colorless clear liquid	1.2	3 tubes

HIV-Q calibration kit is intended for 1 calibration.

PCR kit also includes:

The software in Microsoft® Excel format for processing of data and generation of results.

### 4. ADDITIONAL REQUIREMENTS

- RNA extraction kit for forms 2 and 3.
- Sterile RNase-free pipette tips with aerosol filters up to 200 µl and 1000 µl.
- Tube racks.
- Vortex mixer.
- Disposable polypropylene 1.5-ml tubes.
- Thermostat with working temperature from 25 to 100 °C (suitable for Eppendorf tubes).
- Desktop centrifuge up to 12,000 g (suitable for Eppendorf tubes).
- Vacuum aspirator with flask for removing a supernatant.
- Disposable 10-20-ml vial.
- PCR box.
- Real-time instruments (for example, Rotor-Gene 3000/6000 (Corbett Research, Australia); Rotor-Gene Q (Qiagen, Germany), iCycler iQ5 (Bio-Rad, USA) or Mx3000P (Stratagene, USA)).
- Disposable polypropylene tubes:
  - a) thin-walled 0.2-ml PCR tubes with domed caps if a plate-type instrument is used;
  - b) thin-walled 0.2-ml PCR tubes with flat caps if a rotor-type instrument is used.
- Pipettes (adjustable).
- Refrigerator with the temperature from 2 to 8 °C.
- Deep-freezer with the temperature from minus 24 to minus 16 °C.
- Reservoir for used tips.
- Disposable powder-free gloves and a laboratory coat.

### 5. GENERAL PRECAUTIONS

The user should always pay attention to the following:

- Use sterile pipette tips with aerosol filters and use a new tip for every procedure.
- Store all extracted positive material (specimens, controls and amplicons) away from all other reagents and add it to the reaction mix in a distantly separated facility.
- Thaw all components thoroughly at room temperature before starting an assay.
- When thawed, mix the components and centrifuge briefly.
- Use disposable protective gloves and laboratory cloths, and protect eyes while samples and reagents handling. Thoroughly wash hands afterwards.
- Do not eat, drink, smoke, apply cosmetics, or handle contact lenses in laboratory work areas.
- Do not use the PCR kit if the internal packaging was damaged or its appearance was changed.
- Do not use the PCR kit if the transportation and storage conditions according to the Instruction Manual were not observed.
- Do not use a kit after its expiration date.
- Dispose of all specimens and unused reagents in accordance with local regulations.
- Samples should be considered potentially infectious and handled in biological cabinet in compliance with appropriate biosafety practices.
- Clean and disinfect all samples or reagents spills using a disinfectant, such as 0.5 % sodium hypochlorite or another suitable disinfectant.
- Avoid inhalation of vapors, samples and reagents contact with the skin, eyes, and mucous membranes. Harmful if swallowed. If these solutions come into contact, rinse the injured area immediately with water and seek medical advice if necessary.
- While observing the conditions of transportation, operation and storage, there are no risks of explosion and ignition.
- Safety Data Sheets (SDS) are available on request.
- The PCR kit is intended for single use for PCR analysis of specified number of samples (see the section "Content").
- The PCR kit is ready for use in accordance with the Instruction Manual. Use the PCR kit strictly for intended purpose.
- Use of this product should be limited to personnel trained in DNA amplification techniques.
- Workflow in the laboratory must be one-directional, beginning in the Extraction Area and moving to the Amplification and Detection Area. Do not return samples, equipment and reagents in the area where the previous step was performed.



Some components of this kit contain sodium azide as a preservative. Do not use metal tubing for reagent transfer.

 <p><b>Solution for Lysis</b></p> <p><b>Danger</b></p>	<p>Contains substance: guanidine thiocyanate.</p> <p>H302: Harmful if swallowed. H312: Harmful in contact with skin. H314: Causes severe skin burns and eye damage H318: Causes serious eye damage. H332: Harmful if inhaled. H412: Harmful to aquatic life with long lasting effects</p> <p>EUH032: Contact with acids liberates very toxic gas.</p> <p>P260: Do not breathe vapours. P264: Wash your hands thoroughly after handling. P273: Avoid release to the environment. P303+P361+P353: IF ON SKIN (or hair): Remove/Take off immediately all contaminated clothing. Rinse skin with water. P501: Dispose of contents in accordance with national regulation.</p>
 <p><b>Solution for Precipitation, Washing Solution 4</b></p> <p><b>Danger</b></p>	<p>Isopropanol EC No 200-661-7 CAS No 67-63-0</p> <p>H225: Highly flammable liquid and vapour. H319: Causes serious eye irritation. H336: May cause drowsiness or dizziness</p> <p>P210: Keep away from heat, hot surfaces, sparks, open flames and other ignition sources. No smoking. P261: Avoid breathing vapours. P280: Wear protective gloves/protective clothing/eye protection/face protection. P305+P351+P338: IF IN EYES: Rinse cautiously with water for several minutes. Remove contact lenses if present and easy to do – continue rinsing. P403+P233: Store in a well ventilated place. Keep container tightly closed. P501: Dispose of contents in accordance with national regulation.</p>
 <p><b>Washing Solution 3</b></p> <p><b>Warning</b></p>	<p>Contains substance: isopropanol</p> <p>H226: Flammable liquid and vapour. H319: Causes serious eye irritation. H336: May cause drowsiness or dizziness</p> <p>P210: Keep away from heat, hot surfaces, sparks, open flames and other ignition sources. No smoking. P261: Avoid breathing vapours. P264: Wash your hand thoroughly after handling. P305+P351+P338: IF IN EYES: Rinse cautiously with water for several minutes. Remove contact lenses if present and easy to do – continue rinsing. P403+P233: Store in a well ventilated place. Keep container tightly closed. P501: Dispose of contents in accordance with national regulation.</p>

## 6. SAMPLING AND HANDLING

**NOTE** Obtaining samples of biological material for PCR-analysis, transportation, and storage are described in detail in the manufacturer's handbook [1]. It is recommended that this handbook is read before starting the work.

**AmpliSens® HIV-Monitor-FRT** PCR kit is intended for the analysis of RNA extracted with nucleic acid extraction kits from:

— *peripheral blood plasma*.

Collect a blood sample in a tube with 3% EDTA solution in the ratio of 20:1 (20 parts of blood to 1 part of EDTA). Invert the closed tube several times to ensure adequate mixing. Remove and transfer the plasma specimen in a new tube within 6 h from the time of blood taking. To do this, centrifuge the tube with blood at 800–1600 g for 20 min.

In some cases, blood serum can be used. In this case, the analytical sensitivity of the PCR kit is retained; however, the clinical sensitivity may be significantly decreased as a result of precipitation of viral particles during blood clot retraction.

Storage of plasma and serum samples:

- at 2–8 °C for up to 3 days;
- at the temperature not more than minus 68 °C for a long time.

## 7. WORKING CONDITIONS

**AmpliSens® HIV-Monitor-FRT** PCR kit should be used at the temperature from 20 to 28 °C and relative humidity from 15 to 75 %

## 8. PROTOCOL

### 8.1 RNA extraction

It's recommended to use the following nucleic acid extraction kits:

- **RIBO-prep** (included in form 1; the extraction procedure is described in Section 8.1.1);
- **MAGNO-sorb**;
- **NUCLISENS easyMAG** automated nucleic acid extraction system (bioMérieux, France) can also be used (see Guidelines [2] for details);
- See Section 8.1.2 if extraction is carried out with nucleic acid extraction kits not included in this PCR kit.

**If using the MAGNO-sorb kit** extract the RNA/DNA according to the manufacturer's protocol taking into account following additions and improvements:

- In case of DNA extraction from 1000 µl of blood plasma sample, the volume of the **Internal Control STI-87 (IC)** required for 24-tube panel is **280 µl**. In case of other panels and DNA extraction from 200 µl of blood plasma sample see the **MAGNO-sorb Instruction manual**.
- To prepare the Positive Control of Extraction 1 (**PCE-1**), add **90 µl** of the **Negative Control (C-)** sample and **10 µl** of the **Positive Control-1-HIV** sample to the new tube containing **Lysis Solution MAGNO-sorb**.
- To prepare the Positive Control of Extraction 2 (**PCE-2**), add **90 µl** of the **Negative Control (C-)** sample and **10 µl** of the **Positive Control-2-HIV** sample to the new tube containing **Lysis Solution MAGNO-sorb**.
- To prepare the Negative Control of Extraction (**C-**), add **100 µl** of the **Negative Control (C-)** sample to the new tube containing **Lysis Solution MAGNO-sorb**.
- The volume of **Buffer for elution** required for extraction from both 1000 and 200 µl of blood plasma samples is **70 µl**.

### 8.1.1 RNA extraction with RIBO-prep variant 50

For sensitivity enhancement, it is recommended to carry out an additional ultracentrifugation of 1 ml of plasma within 1 hour at 24,000 g at the temperature from 2 to 8 °C. Remove 900 µl of supernatant and work with the pellet (100 µl) as described below. Carry out the ultracentrifugation in the 1.5 ml screw-cap tubes.

1. Warm up **Solution for Lysis** (if stored at 2–8 °C) at 65 °C until the ice crystals disappear.
2. Take the required number of 1.5-ml tubes including the tubes for Negative and Positive Controls of Extraction. Mark the tubes.
3. Add **10 µl** of **Internal Control HIV-M-FRT (IC)** to the bottom of each test tube.
4. Add **300 µl** of **Solution for Lysis** per each tube.

If a large number of samples is being tested, it is acceptable to mix the **Solution for Lysis** and the **Internal Control** in a separate sterile flask (based on addition of **300 µl** of **Solution for Lysis** and **10 µl** of **Internal Control** per one sample). Then transfer **300 µl** of the prepared mixture into each of the previously prepared **1.5-ml** tubes.

**NOTE:**

5. Add **100 µl** of **test samples** using tips with filters. Close the tubes and vortex them. Centrifuge the tubes to sediment the drops from the caps.
6. For each panel it is necessary to carry out the control reactions as follows:

**PCE-1** – Add **90 µl** of **Negative Control (C-)** and **10 µl** of **Positive Control-1-HIV** to the tube labelled **PCE-1** (Positive control of Extraction);

**PCE-2** – Add **90 µl** of **Negative Control (C-)** and **10 µl** of **Positive Control-2-HIV** to the tube labelled **PCE-2** (Positive control of Extraction);

**C-** – Add **100 µl** of **Negative Control (C-)** to the tube labelled **C-** (Negative control of Extraction).

Vortex the control tubes and sediment the drops from the caps.

7. Incubate the tubes at **65 °C** for **5 min** and vortex them. Vortex the tubes and sediment the drops from the caps.
8. Add **400 µl** of **Solution for Precipitation** and mix with vortex.

9. Centrifuge all tubes at **12,000 g** (for example, 13,400 rpm for the centrifuge *MiniSpin, Eppendorf*) for **5 min**.
10. Carefully remove and discard the supernatant from the tubes using vacuum aspirator. Do not disturb the pellet. Use a new tip for each tube.

11. Add **500 µl** of **Washing Solution 3** per each tube. Tightly close the tubes and carefully invert them 3–5 times to ensure washing of the pellet.
12. Centrifuge the tubes at **12,000 g** for **1–2 min**.
13. Carefully remove and discard the supernatant from the tubes using vacuum aspirator. Do not disturb the pellet. Use a new tip for each tube.

14. Add **200 µl** of **Washing Solution 4** per each tube. Tightly close the tubes and carefully invert them 3–5 times to ensure washing of the pellet.
15. Centrifuge the tubes at **12,000 g** for **2 min**.
16. Carefully remove and discard the supernatant from the tubes using vacuum aspirator. Do not disturb the pellet. Use a new tip for each tube.

17. Incubate the tubes at **65 °C** for **5 min** to dry the sediment. Make sure the tubes are open.
18. Add **50 µl** of **RNA-buffer** to each tube and vortex. Incubate at **65 °C** for **5 min** periodically stirring with vortex.
19. Centrifuge the tubes at **12,000 g** for **1 min**.

The RNA-samples are ready for reverse transcription and amplification. It is recommended to carry out the reverse transcription and amplification immediately after obtaining the purified RNA.

It is not recommended to store the RNA-samples longer than 30 min at the temperature from 2 to 8 °C. For long-time storage transfer the supernatant without disturbing the sorbent into a sterile tube and store at the temperature from minus 24 to minus 16 °C for 1 month or at the temperature below minus 68 °C for 1 year.

### 8.1.1 Calibration and calculation of the coefficient B using HIV-Q extraction kit if extraction is carried out with nucleic acid extraction kits not included in this PCR kit (for the forms 2 and 3).

The claimed analytical features of the PCR kit forms 2 and 3 are guaranteed only then the extraction is performed using the reagents kits recommended by Federal Budget Institute of Science "Central Research Institute for Epidemiology".

If coefficient B for the extraction kit/automatic platform is not specified in the

**Important Product Information Bulletin**, the calibration for calculation of coefficient B should be carried out by oneself with the aid of the **HIV-Q calibration kit** included in this PCR kit. See below for details.

The calibration procedure is necessary to define Coefficient B and it is performed during the **first PCR run** for the given lot. Calibration is performed **only once** for each new lot of the **AmpliSens® HIV-Monitor-FRT** PCR kit and is conducted with the RNA extraction kit/automatic station used in the PCR assay.

To carry out calibration, it is necessary to analyse 5 extra samples: the repeat of Positive Control-1-HIV, the repeat of Positive Control-2-HIV, and calibrator HIV-Q in triplicate.

#### Calibrator HIV-Q preparation

1. Vortex the tube with **calibrator HIV-Q**, gently open the tube, and add **400 µl** of **solvent Q** avoiding the contents spraying.
2. Close the tube and incubate it at room temperature for 20 min vortexing periodically.
3. Once the contents are fully dissolved, vortex the tube for 3–5 s to make sure that there are no drops on the caps of the tube.

Perform calibration with the same RNA extraction kit used in the PCR assay.

**NOTE:** Extract the RNA according to the manufacturer's protocol.

Transfer 10 µl of **Internal Control HIV-M-FRT (IC)** (per one sample) to samples or **Lysis solution** before extraction.

In case of extracting from **100 µl of plasma**, add dissolved **calibrator HIV-Q** to three tubes for RNA extraction (100 µl per each tube).

In case of extracting from any **other plasma volume (100–1000 µl)**, transfer dissolved **calibrator HIV-Q** to three tubes for RNA extraction (100 µl per each tube) and add **solvent Q** up to the extraction volume (for example, if the extraction volume is 1 ml then add 100 µl of **calibrator HIV-Q** and 900 µl of **solvent Q**).

When extraction is completed, perform RT-PCR as described in this **Instruction manual**.

Use the mean concentration values obtained in the channels for the FAM and JOE fluorophores for three repeats with **calibrator HIV-Q** for calculation of coefficient B using the following formula:

$$\text{Coefficient B} = \frac{\text{IC cDNA copies in calibrator HIV-Q (FAM channel)}}{\text{HIV cDNA copies in calibrator HIV-Q (JOE channel)}} \times \text{coefficient C}$$

Coefficient C is specified in the **Important Product Information Bulletin** enclosed to the **AmpliSens® HIV-Monitor-FRT** PCR kit.

**NOTE:** The calculated value of coefficient B should be within range specified in the **Important Product Information Bulletin** enclosed in the applied PCR kit lot

Write down the coefficient B value in the **Important Product Information Bulletin** enclosed with the given lot of the PCR kit and use it for concentrations calculation of biological and control samples (see the Data Analysis section).

Also see the Guidelines [2] to **AmpliSens® HIV-Monitor-FRT** PCR kit.

Write down the calculated values for Positive Control-1-HIV and Positive Control-2-HIV in the **Important Product Information Bulletin** enclosed with the given lot of the PCR kit.

Determine the mean value for both Positive Control-1-*HIV* and Positive Control-2-*HIV*. Set the acceptable value range for both Positive Control-1-*HIV* and Positive Control-2-*HIV* as follows: from "calculated mean value" / 3 to "calculated mean value" x 3.

For example, the calculated values for Positive Control-1-*HIV* in two replicates are 500,000 copies/ml and 700,000 copies/ml; the calculated mean value for Positive Control-1-*HIV* is 600,000 copies/ml; the acceptable value range for Positive Control-1-*HIV* varies from 200,000 to 1,800,000 copies/ml.

Write down the calculated acceptable value range for Positive Control-1-*HIV* and for Positive Control-2-*HIV* in the *Important Product Information Bulletin*, and use it to verify further assays conducted using this lot of the PCR kit (see 9. Data Analysis section).

## 8.2. Preparing the reverse transcription and PCR

The total reaction volume is 50 µl, the volume of RNA sample is 25 µl.

RNAse-free and DNase-free disposable sterile plastic ware should be used only.

**NOTE:** The choice of the tubes for amplification depends on the used real-time instrument.

### 8.2.1 Preparing tubes for RT-PCR

**NOTE:** Prepare the reaction mixture just before PCR analysis. Reaction mixture should be made for required number of reactions including test samples and controls.

- Before starting work thaw the reagents, thoroughly vortex, and centrifuge shortly to remove drops from the caps of the tubes.
- Take the required number of PCR tubes including test samples, controls and calibrators.
- To prepare reaction mixture: add the entire content of the tube with **RT-PCR-mix-2-FEP/FRT** to the tube with **DTT frozen-dried**. Thoroughly vortex the tube then remove drops from the tube walls by short centrifuging. The prepared mixture can be stored at 2–8 °C for up to 1 week. Mix in a new tube the following components per one reaction:
  - 15 µl of **RT-PCR-mix-1-FRT HIV**,
  - 10 µl of the mixture of **RT-PCR-mix-2-FEP/FRT with DTT frozen-dried**,
  - 1.0 µl of **polymerase (TaqF)**,
  - 0.5 µl of **TM-Revertase (MMIv)**.
 Thoroughly vortex the tube and then remove drops from the tube walls by short centrifuging. Reaction mixture for 20 reactions should be prepared in case of extraction from 16 samples (extraction with the use of two NucliSens easyMAG plates); to the tube with **DTT frozen-dried** add the entire content of the tube with **RT-PCR-mix-2-FEP/FRT**, the entire content of the tube with **RT-PCR-mix-1-FRT HIV**, the entire content of the tube with **polymerase (TaqF)** and the entire content of the tube with **TM-Revertase (MMIv)**. Do not store the prepared mixture.
- Add 25 µl of the mixture to the tubes. Discard unused mixture.
- Using filter tips add 25 µl of **RNA samples** obtained at the RNA extraction stage. Thoroughly mix by pipetting. Avoid forming air bubbles.

Avoid transferring the sorbent together with the RNA sample in case of extraction with NucliSENS easyMAG automated nucleic acid extraction system or MAGNO-sorb kit.

6. Carry out the control reactions:

- PCE-1** – Add 25 µl of **RNA sample extracted from Positive Control-1-*HIV*** to the tube labelled **PCE-1** (Positive Control of Extraction).
- PCE-2** – Add 25 µl of **RNA sample extracted from Positive Control-2-*HIV*** to the tube labelled **PCE-2** (Positive Control of Extraction).
- C–** – Add 25 µl of **RNA sample extracted from Negative Control (C–)** to the tube labelled **C–** (Negative control of Extraction).
- C+<sub>1</sub>** – Add **DNA calibrator PIC1 *HIV*** to the two tubes labelled **C+<sub>1</sub>** (Positive Control of Amplification) (25 µl per each tube).
- C+<sub>2</sub>** – Add **DNA calibrator PIC2 *HIV*** to the two tubes labelled **C+<sub>2</sub>** (Positive Control of Amplification) (25 µl per each tube).
- NOTE:** It is also necessary to carry out Negative Control of Amplification (NCA) at suspicion on possible contamination.
- NCA** – Add 25 µl of **Buffer for elution** to the tube labelled **NCA** (Negative Control of Amplification).

**NOTE:** Mix the tubes thoroughly by pipetting avoiding foaming

### 8.2.2 Amplification

- Create a temperature profile on your instrument as follows:

Table 2

***HIV*-Monitor-FRT amplification program for rotor-type instruments**

Step	Temperature, °C	Time	Fluorescence detection	Cycles
Hold	50	30 min	–	1
Hold 2	95	15 min	–	1
Cycling	95	20 s	–	5
	52	30 s	–	
	72	30 s	–	
Cycling 2	95	20 s	–	40
	55	30 s	FAM, JOE	
	72	30 s	–	

Table 3

***HIV*-Monitor-FRT amplification program for plate-type instruments**

Step	Temperature, °C	Time	Fluorescence detection	Cycles
1	50	30 min	–	1
2	95	15 min	–	1
3	95	20 s	–	5
	52	30 s	–	
	72	30 s	–	
4	95	20 s	–	42
	55	40 s	FAM, HEX	
	72	30 s	–	

2. Adjust the fluorescence channel sensitivity according to the *Important Product Information Bulletin* and Guidelines [2].

3. Insert the tubes into the reaction module of the device.

**NOTE:** It is recommended to sediment drops from walls of tubes by short centrifugation (1–3 s) before placing them into the instrument

4. Run the amplification program with fluorescence detection.

5. Analyze results after the amplification program is completed.

## 9. DATA ANALYSIS

Analysis of results is performed by the software of the real-time PCR instrument used by measuring fluorescence signal accumulation in two channels:

- The signal of the IC cDNA amplification product is detected in the channel for the FAM fluorophore;
- The signal of the *HIV* cDNA amplification product is detected in the channel for the JOE fluorophore.

Results are interpreted by the crossing (or not-crossing) the fluorescence curve with the threshold line set at the specific level (in the middle of the linear fragment of the positive control fluorescence growth in the log scale) that corresponds to the presence (or absence) of the Ct values for this sample in the corresponding column of the results grid.

Based on the Ct values (the crossing of the fluorescence curve with the threshold line set at the specific level) and on the specified values for the calibrators, PIC1 *HIV* and PIC2 *HIV*, the calibration line is automatically plotted and the values for the number of *HIV* cDNA copies (channel for the JOE fluorophore) and for the number of Internal Control cDNA copies (channel for the FAM fluorophore) in a PCR sample are calculated. The obtained values are used for the *HIV* RNA concentration calculation in test and control samples, using the formula:

$$\frac{\text{HIV cDNA copies per PCR-sample}}{\text{IC cDNA copies per PCR-sample}} \times \text{coefficient A} \times \text{coefficient B} = \text{HIV RNA copies/ml of plasma}$$

$$\text{Coefficient A} = \frac{100}{\text{extraction volume, } \mu\text{l}}$$

**NOTE:** Coefficient A = 1 when calculating PCE-1 and PCE-2 concentrations

Coefficient B (number of copies of IC per ml of plasma) is specified in the *Important Product Information Bulletin* provided with the PCR kit and is specific for each lot. It cannot be used with PCR kits of different lots. For forms 2 and 3 coefficient B is calculated as the result of calibration during the first PCR run of PCR kit of a specific lot (see section 8.1.1 for details).

If the result is greater than 10,000,000 copies/ml then it is interpreted as the **greater than 10,000,000 copies of *HIV* RNA/ml result**. If the obtained value is greater than the linear range, then the sample may be re-tested after 10x dilution; the produced result is multiplied by 10.

**NOTE:** If the result is less than 500 copies/ml (extraction from 100 µl), or less than 250 copies/ml (extraction from 200 µl), or less than 50 copies/ml (extraction from 1 ml), then it is interpreted as the **less than 500, or less than 250, or less than 50 copies of *HIV* RNA/ml result**, respectively.

If it is necessary to obtain results expressed in copies/ml, the results measured in International Units (IU/ml) should be multiplied by 1.75 (1 copy = 1.75 IU, 1 IU = 0.57 copy).

**NOTE:** The boundary concentration values for IC sample are specified in the *Important Product Information Bulletin* enclosed in PCR kit.

The result of the analysis is considered reliable only if the results obtained for the Positive and Negative Controls of amplification as well as for the Positive and Negative Controls of extraction are correct (see Table 4).

Table 4

Results for controls			
Control	Stage for control	Result of amplification in the channel for the fluorophore	
		FAM	JOE
C–	RNA extraction, PCR	Positive (number of IC copies in PCR sample is greater than the boundary value)	Negative (Ct value is absent)
PCE-1	RNA extraction, PCR	Positive (number of IC copies in PCR sample is greater than the boundary value)	Positive (concentration calculated with IC copies/ml should be within range)
PCE-2	RNA extraction, PCR	Positive (number of IC copies in PCR sample is greater than the boundary value)	Positive (concentration calculated with IC copies/ml should be within range)
C+ <sub>1</sub>	PCR	Positive	Positive
C+ <sub>2</sub>	PCR	Positive	Positive
NCA	PCR	Negative (Ct value is absent)	Negative (Ct value is absent)

**NOTE:** Boundary (minimum allowable) concentration values for IC and the range of values for **PCE-1 (Positive Control-1-*HIV*)** and **PCE-2 (Positive Control-2-*HIV*)** calculated with IC copies/ml are specified in the *Important Product Information Bulletin* enclosed to the PCR kit of specific lot.

## 10. TROUBLESHOOTING

Results of analysis are not taking into account in the following cases:

- The Ct value is determined for the Negative Control of Extraction (C–) in the channel for the JOE fluorophore and/or Negative Control of Amplification (NCA) in the channels for the FAM and JOE fluorophores. The PCR analysis (beginning with RNA extraction stage) should be repeated for all the samples in which *HIV* RNA was detected.
- The concentration of Internal Control in the corresponding channel in the results grid is less than the boundary value specified in the *Important Product Information Bulletin*. The PCR analysis (beginning with the first analysis stage) should be repeated for the sample.
- If the correlation coefficient R<sup>2</sup> is less than 0.98 when plotting the calibration curve, then the amplification and detection should be repeated for all the samples.
- If the calculated concentrations of Positive Control-1-*HIV* and Positive Control-2-*HIV* exceed the range specified in the *Important Product Information Bulletin*. The PCR analysis (beginning with RNA extraction stage) should be repeated for all the samples.

## 11. TRANSPORTATION

**AmpliSens® *HIV*-Monitor-FRT** PCR kit should be transported at 2–8 °C for no longer than 5 days.

## 12. STABILITY AND STORAGE

All components of the **RIBO-prep variant 50** are to be stored at 2–8 °C when not in use. All components of **PCR kit variant FRT** and ***HIV*-Q calibration kit** are to be stored at temperature from minus 24 to minus 16 °C when not in use. All components of the **AmpliSens® *HIV*-Monitor-FRT** PCR kit are stable until the expiry date stated on the label. The shelf life of reagents before and after the first use is the same, unless otherwise stated.

**NOTE:** RT-PCR-mix-1-FRT *HIV* is to be kept away from light.

**NOTE:** Do not repeat freeze-thaw cycles more than twice for Positive Control-1-*HIV*, Positive Control-2-*HIV*, PIC1 *HIV*, PIC2 *HIV*, Internal Control *HIV*-M-FRT. Store the above-mentioned reagents at 2–8 °C for up to 6 months after thawing.

## 13. SPECIFICATIONS

### 13.1 Linear measurement range

The linear measurement range of **AmpliSens® HIV-Monitor-FRT** PCR kit is specified in the table below.

Biological material	Extraction volume, µl	Nucleic acid extraction kit	Linear measurement range of <i>HIV-1</i> RNA, copies/ml
Blood plasma	100	RIBO-prep, NucliSENS easyMAG	500–10,000,000
Blood plasma	200	MAGNO-sorb	250–10,000,000
Blood plasma (ultracentrifuged)	1,000	RIBO-prep	50–10,000,000
Blood plasma	1,000	MAGNO-sorb, NucliSENS easyMAG	50–10,000,000

### 13.2 Analytical specificity

The analytical specificity of **AmpliSens® HIV-Monitor-FRT** PCR kit is ensured by selection of specific primers and probes as well as by selection of strict reaction conditions. The primers and probes were checked for possible homologies to all in sequences published gene banks by sequence comparison analysis.

The analytical specificity is also ensured by the addition of the genomic RNA/DNA of the following organisms and viruses to the reaction: *hepatitis A virus*; *hepatitis B virus*; *hepatitis C virus*; *hepatitis D virus*; *cytomegalovirus*; *Epstein-Barr virus*; *herpes simplex virus* types 1 and 2; *varicella-zoster virus*; *human herpes virus* types 6 and 8; *parvovirus B19*; *tick-borne encephalitis virus*; *West Nile encephalitis*; *adenovirus* types 2, 3, and 7; *Escherichia coli*; *Staphylococcus aureus*; *Streptococcus pyogenes*, *Streptococcus agalactiae*; and *Homo sapiens*.

No cross-reactions were observed for the abovementioned organisms and viruses.

## 14. REFERENCES

- Handbook "Sampling, Transportation, and Storage of Clinical Material for PCR diagnostics", developed by Federal Budget Institute of Science "Central Research Institute for Epidemiology" of Federal Service for Surveillance on Consumers' Rights Protection and Human Well-Being.
- Guidelines to **AmpliSens® HIV-Monitor-FRT** PCR kit for quantitative detection of *human immunodeficiency virus* type 1 (*HIV-1*) RNA in the biological material by polymerase chain reaction (PCR) with real-time hybridization-fluorescence detection developed by Federal Budget Institute of Science "Central Research Institute for Epidemiology".

## 15. QUALITY CONTROL

In compliance with Federal Budget Institute of Science "Central Research Institute for Epidemiology" ISO 13485-Certified Quality Management System, each lot of **AmpliSens® HIV-Monitor-FRT** PCR kit has been tested against predetermined specifications to ensure consistent product quality.

List of Changes Made in the Instruction Manual

VER	Location of changes	Essence of changes
29.01.15 ME	Footer Content	<b>REF</b> R-V0-MC(RG,iQ,Mx,Dt)-CE-B was added The form in bulk was added
06.03.15 ME	Text	Text was corrected in accordance with the template
	4. Additional requirements	The section was completed with the additional requirements for RIBO-sorb-12, RIBO-prep and MAGNO-sorb kits
06.03.15 ME	8.1. RNA extraction	The following sections was added 8.1.1 RNA extraction with RIBO-sorb-12 nucleic acid extraction kit 8.1.2 RNA extraction with RIBO-prep nucleic acid extraction kit variant 50 8.1.3 RNA extraction with MAGNO-sorb nucleic acid extraction kit variant 100-1000 8.1.4 Calibration and calculation of the coefficient B using <i>HIV-Q</i> calibration kit if extraction is carried out with nucleic acid extraction kits not included in this PCR kit (for the forms 4 and 5)
31.03.15 PM	5. General precautions, 14. Key to symbols used	Information about hazards was corrected
08.05.15 ME	Text	Clinical material was changed to biological
	1. Intended use	The phrase "The results of PCR analysis are taken into account in complex diagnostics of disease" was changed to "For research use only. Not for diagnostic procedures"
08.05.15 ME	13.2. Specificity	The phrase "The clinical specificity of <b>AmpliSens® HIV-Monitor-FRT</b> PCR kit was confirmed in laboratory clinical trials" was deleted
14.12.15 ME	12. Stability and storage	The storage temperature of Negative Control (C-) reagent was specified for different forms
30.06.16 PM	12. Stability and storage	The storage temperature of Negative Control (C-) reagent for different forms was deleted
07.11.17 PM	Content, through the text	The forms with RIBO-sorb-12 and MAGNO-sorb kits were deleted. Number of forms was changed from 5 to 3
	5. General precautions, 14. Key to symbols used	Information about hazards was rewritten according to the Regulation 1272/2008/EC.
25.09.18 DV	Content	The colour of the reagent was specified
19.11.18 DV	General precautions	Section was corrected in accordance with the template
06.08.20 MM	Through the text	The text formatting was changed
	Footer	The phrase "For research use only. Not for diagnostic procedures" was added
07.10.20 EM	Throughout the text	All the sections were updated according to the template
12.02.21 MM	Footer	<b>REF</b> R-V0-MC(RG,iQ,Mx,Dt)-CE-B was deleted
	3. Content	The form in bulk was deleted
04.08.23 BA	Footer	The <b>REF</b> R-V0-MC(RG,iQ,Mx,Dt)-CE-B was added
	3. Content	The form in bulk was added
26.02.25 HM	5. General precautions	Information about hazards for <b>Solution for Lysis, Solution for Precipitation, Washing Solution 4</b> was corrected

**AmpliSens®**



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